



SOUND WELL
Music Therapy

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Music Lesson Policy Sheet

Learning to play a musical instrument requires a willingness to listen, play, and to practice. These activities can look different, depending on the age of the student and where they are developmentally. I approach incorporating these three elements during lessons in a student-centered way which strives to meet each student where they're at.

For those wanting to study voice, my approach to voice work is eclectic and holistic. What this means is that lessons will be experiential and involve developing increased awareness of how your body, heart, and mind impacts your breath, which impacts your voice.

Below are the music lesson policies of SoundWell Music Therapy:

For Voice Students

- Written material, other than those materials you bring with you to work on in lessons, is typically not required. However, some books that influence how I approach voice work are:
 - **What Every Musician Needs to Know About the Body: The Practical Application of Body Mapping to Making Music**, by Barbara Conable and Benjamin Conable
 - **Freeing the Natural Voice: Imagery and Art in the Practice of Voice and Language**, by Kristin Linklater
 - **Therapeutic Voicework: Principles and Practice for the Use of Singing as a Therapy**, by Paul Newham
 - **The Theory and Practice of Vocal Psychotherapy: Songs of the Self**, by Diane Austin

For Piano Students

- Older students should have their music and a pencil with them so that they can make notes in the music that can help them practice more efficiently on their own.
- When necessary, I will notify you of music books to buy. The following are the books and series I typically use, although I will also work with materials you may already have:
 - Alfred's Basic Piano Series (For younger children and adults)
 - Bastien Piano Basics (For older children)
 - Hanon for the Piano (Junior and Regular Editions)

Online Music Resources You May Want to Check Out:

- Making Music Fun: www.makingmusicfun.net (Free printable sheet music)
- MusicNotes: www.musicnotes.com (Downloadable scores to print available for purchase)

Lesson Structure

- Lessons will begin and end on time, and will only be extended if I am late.
- The last 5 minutes of class is for wrapping up and clarifying assignment.

Tuition

- Half hour lessons (30 minutes) are: \$45 at my studio (1361 Francis St, Suite 201 E, Longmont; \$55 at your home in Longmont
- One hour lessons (60 minutes) are: \$90 at my studio; \$110 at your home in Longmont

Payment Schedule and Late Fees

- Lessons for the month can be paid in advance at the first lesson of each month, or can be paid by the lesson. Lesson packages must be purchased in advance.
- Cash or check are fine.
- A \$5 late fee will be charged for each week the payment is overdue.

Cancellations and Make-Ups

- A 24 hour cancellation notice is required for ALL missed lessons.
- Last minute cancellations and no-shows are still required to pay for the lesson.
- Exceptional circumstances such as family emergencies and inclement weather are examples of possible exceptions.
- Make-ups will be handled on an individual basis at my discretion.
- Please call or text me directly at 303.521.2791 for cancellations.