



SOUNDWELL MUSIC THERAPY
Sound Well-Being Through Music

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Individual Disclosure Statement

What is the Mission of SoundWell Music Therapy?

SoundWell Music Therapy provides music psychotherapy services that supports people of all ages and abilities in experiencing optimal well-being through music.

Who I am:

My name is Faith M. Halverson-Ramos. I received my Master of Arts in Transpersonal Counseling Psychology with a Music Therapy focus from Naropa University in Boulder, CO. I graduated with a Bachelor of Music in Vocal Music Performance and Vocal Pedagogy from Viterbo University in La Crosse, WI. I am a Board-Certified Music Therapist (MT-BC) and Neurologic Music Therapist (NMT). I am currently working towards becoming a Licensed Professional Counselor (LPC) as recognized by the State of Colorado. I can be contacted via phone at: 303.521.2791, or via e-mail at: faith@soundwellmusictherapy.com.

Information for You:

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed social workers, licensed professional counselors, licensed marriage and family therapists, licensed school psychologists practicing outside the school setting, and unlicensed individuals who practice psychotherapy. The agency within the Department that has responsibility specifically for licensed and unlicensed psychotherapists is the Department of Regulatory Agencies, Mental Health Section. They can be contacted at:

1560 Broadway, Suite 1350
Denver, Colorado 80202
(303) 894-7766.

Client Rights and Other Important Information:

As a client, you are entitled to receive any additional information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive this information.

The following will provide you with more information about the structure of therapy and the therapeutic relationship, as well as to outline your rights as a client:

Structure of Therapy: My approach to music psychotherapy is client-centered and largely experiential and eclectic in nature. Music therapy interventions may vary from active (ie: music-making) to receptive (ie: listening to music). Interventions used will address the non-music related therapeutic goals that we establish together.

Session Length and Payment: Sessions begin at a half-hour for \$30 with additional 15-minute increments available for \$15 per increment, unless prior arrangements have been made. If

you are unable to attend a scheduled therapy session, please notify me with at least 24 hours notice, otherwise you will be charged for the missed session.

Second Opinions and Terminating Therapy: You can seek a second opinion from another therapist or terminate therapy at any time.

The Nature of the Therapeutic Relationship: The therapeutic relationship allows for honest self-reflection and self-expression that may be unfamiliar to many. As such, you, as a client, may feel vulnerable or otherwise uncomfortable during our work together. However, know that this is a normal part of the therapeutic process and is something that we can discuss during a session.

As a result, a therapeutic relationship can lend itself to a certain level of intimacy that can also be unfamiliar to some people. However, in a professional therapeutic relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies, Mental Health Section.

Confidentiality Generally speaking, the information provided by and to a client during therapy sessions is legally confidential if the therapist is a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent.

Information disclosed to a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates.

There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 13-90-107 C.R.S. There are exceptions that I will identify to you as the situations arise during therapy.

Again, if you have any questions regarding pursuing therapy with me, please ask; I am happy to answer them.

I have read the preceding information and understand my rights as a client/ patient.

Client/Patient Signature
(Parent/Guardian, if Client is under 16)

Date

Therapist Signature

Date